



Ehe-, Familien- und Partnerschaftsberatung Karlsruhe e.V. (Marriage, Family and Relationship Consultancy Karlsruhe e.V.)

Guidance and Counseling

- Relationship crises
- Life coaching
- Separation, Divorce, Mediation

Counseling in several languages, available in the information centre, online or via phone call.

„Ehe-, Familien- und Partnerschaftsberatungsstelle Karlsruhe e.V.“ offers psychological counselling for adults. We are happy to include people with LGBTQIA*-identity or people on their way to define themselves/get to know themselves. Next of kin and friends are welcome, too.

Contact

Nelkenstraße 17, 76135 Karlsruhe
Phone: 0721 842288
E-Mail: info@eheberatung-karlsruhe.de
Internet: www.eheberatung-karlsruhe.de



Further Services:

Beratungsstellen (Counselling Centres Karlsruhe):

These Centres offer counselling for and give assistance to **children, adolescents, young adults and their caregivers concerning conflicts**, acute crises and personal problems. This service is aimed at members of the queer community and LGBT families. All services are free of charge and anonymous. Please arrange an appointment via email, telephone call or in person.

Psychologische Beratungsstellen Ost und West für Eltern, Kinder und Jugendliche

Psychological Counselling Centres East and West for Parents, Children and Adolescents aimed at people aged 20 or younger and their caregivers. Wednesday from 3 p.m to 5 p.m we offer open personal consultation – no appointment necessary.

Contact

Otto-Sachs-Straße 6/Gartenstraße, 76133 Karlsruhe
Phone: 0721 133-5360
E-Mail: pbs@sjb.karlsruhe.de
Internet: www.karlsruhe.de/pbst

Jugendberatung

The Youth Counselling Centre addresses young adults aged 27 years or younger.

Kontakt

Kaiserstraße 64, 76133 Karlsruhe
Phone: 0721 133-5391
E-Mail: jdb@sjb.karlsruhe.de
Internet: www.karlsruhe.de/jugendberatung

Find more information

Equal Opportunities Officer Karlsruhe Council:

Contact

Rathaus, Karl-Friedrich-Straße 10, 76133 Karlsruhe
Phone: 0721 133-3062
E-Mail: gb@karlsruhe.de
Internet: www.karlsruhe.de/gleichstellung



LGBTQIA* Counselling Services

Karlsruhe is a diverse and tolerant city for all citizens. Karlsruhe is colourful and queer.

LGBTQIA* stands for lesbian, gay, bisexual, transgender, intersex, asexual -aromatic, nonbinary and queer people. Please contact us for questions on topics of „sexual orientation, gender diversity, everyday life and relationship organisation

LA ViE – queeres Jugendzentrum (queer Youth Centre)

We counsel on and inform about

- Coming-Out topics
- transition process
 - legal details
 - medical details
 - change of name and marital status
- experiences of discrimination

The offer is aimed at **children and young people up to the age of 27**. Counselling can be received in **our centres, via phone and online**. No registration required but welcome. The service is **free of charge**.

We are part of **Beratungsnetzwerk LSBTTIQ* des Landes Baden-Württemberg**.

At request of children or adolescents we can talk to parents.

Contact

Ettlinger Straße 9, 76137 Karlsruhe
Phone: 0721 357469 oder 0178 3334799
E-Mail: lavie@stja.de
Internet: www.stja.de/lavie

Once a month parents of trans*children and trans*adolescents meet for a self-organised group of regulars. Please find the dates on our website.



pro familia – LSBTIQA* Sprechstunde (LGBTIQA* counseling)

We offer support with:

- the inner and outer coming out
- LGBTIQA* life in Karlsruhe
- being queer at school/at work
- Questions about gender experience
- Trans-specific questions
- Queerness in relationships
- unlearning internalized queer hostility
- intersectional discrimination within the queer community
- Questions regarding sexual health and sexuality

What you can expect:

The counseling is non-judgmental and takes place autonomously. The counselors have a personal connection to the queer community. By reflecting on these experiences and in conjunction with professional training and further education, the concerns of the clients are addressed.

Quality management: **Beratungsnetzwerkes LSBTTIQ* des Landes Baden-Württemberg**.

Contact

pro familia Karlsruhe
Leopoldstraße 5, 76133 Karlsruhe
Phone: 0721 920505, Fax 0721 9205060
E-Mail: karlsruhe@profamilia.de
Internet: www.profamilia-karlsruhe.de



Schulpsychologische Beratungsstelle Karlsruhe (School Psychology Counselling Centre)

Service:

Counselling for students, parents, teachers and school management on topics of LGBTQIA*.

All type of schools within Karlsruhe County and City of Karlsruhe.

Cooperation:

We cooperate with other counselling centres and support you in finding matching services.

Contact

**Zentrum für Schulqualität und Lehrerbildung (ZSL)
Regionalstelle Karlsruhe**
Ritterstraße 18, 76133 Karlsruhe
Phone: 0721 605610-70
E-Mail: poststelle.spbs-ka@zsl-rs-ka.kv.bwl.de
Internet: www.zsl-bw.de/Lde/Startseite/ueber-das-zsl/regionalstelle-karlsruhe



ZeSIA - Zentrum für sexuelle Gesundheit, Identität und Aufklärung Karlsruhe (Centre for Sexual Health, Identity and Education)

Target Group:

People aged 18 and older

- Consultation and test facilities concerning sexual health, STD (Sexually Transmitted Diseases) and HIV(staff are trained for consulting trans* people).
- Consultation concerning sexual and /or gender identity
- Consultation concerning discrimination caused by HIV status, sexual or gender identity in work environments, medical treatment situations, visiting government offices and non-public environments.
- Special legal counselling for queer refugees.

Consultations are anonymous and can be received via phone or email. Please make an appointment for consultation in person. Where not otherwise stated all services are free of charge.

Contact

Sophienstraße 102, 76135 Karlsruhe
Phone: 0721 354816-0
E-Mail: beratung@zesia-ka.de
Internet: www.zesia-ka.de